



CHRISTIAN SOCIAL SERVICES COMMISSION

An Ecumenical Body of Tanzania Episcopal Conference and Christian Council of Tanzania

P.O. Box 9433, Dar es Salaam, Tanzania

CSSC-SOUTHERN ZONE FORM TWO JOINT EXAMINATION

050

HOME ECONOMICS

AUGUST 2024

MARKING SCHEME

1.

I	ii	iii	Iv	v	Vi	vii	viii	ix	x
A	B	A	B	D	C	C	B	B	C

10MARKS 01@

2.

I	Ii	Iii	iv	v
G	F	A	B	E

05MARKRS 01@

3.(a) Quality of well planned kitchen .

- (i) The kitchen floor must be non - slippery and easy to clean .
- (ii) The wall should be furnished witch smooth material which are easy to clean .
- (iii) The colour in the kitchen including the celing should be bright to reflect light in the room .
- (iv) The kitchen should have both natural and artificial light to enable users to see clear during the day and at night .
- (v) A kitchen should be in a position that allow enough light and air .
- (vi) Kitchen windows should be large enough. For natural light and plenty of air circulation
- (vii) It should have a good drainage system.

05MARKS 01@

(b). Importance of well planned kitchen

- (i) It save time and energy
- (ii) It makes the kitchen space to be utilized better
- (iii)It help the cook to prepare meal comfortably
- (iv)It increases the value of the house if one needs to sell it in the future .

05MARKS 01@

4.(a) Factors to consider when selecting furniture .

- (i) Space available
- (ii) Colour of the furniture
- (iii) Durability
- (iv) Cost
- (v) Design
- (vi) Comfort

05MARKS 01@

(vii) Material used

b. Reasons of using soft furnishing

- (i) Protection
- (ii) Comfort
- (iii) Privacy
- (iv) Warmth
- (v) Noise reduction
- (vi) Decoration .

05MARKS 01 @

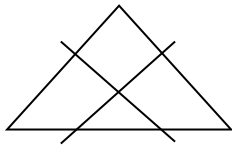
5.(a) Laundering procedures .

- (i) sorting out clothes
- (ii) Repairing
- (iii) Removing stains .
- (iv) steeping (soaking)
- (v) washing
- (vi) Rinsing
- (vii) Drying
- (viii) Ironing or pressing.

07MARKS 01@

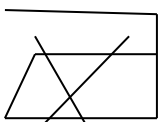
(b) Sketch internal label symbol for each of the following laundry treatment .

(i) Do not bleach.



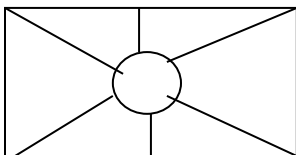
01MARKS

(ii) Do not Iron



01MARKS

(iii) Dry the sun.



01MAKRS

6.(a) General rules for working on stitches

- (i) choose the right stitch for the work to be done .
- (ii) use the right size of needle and the right type of thread for the right the fabric .
- (iii) Fasten the Stitches on and off securely.
- (iv) Never use a knot for fastening stitches as the knots may tear the fabric .
- (v)When work out hand stitches , work one stitch at a time in order to be efficient .
- (vi) Wear a thimble on the middle finger when sewing to prevent the fingertip from being injured while pushing needle through the garment .
- (vii) use single or double thread depending on the activity .
- (viii) The Thread used should not be too long because it may cause knots .

05MARKS 01@

(b) Types of temporary stitch

- (i) Even tacking
- (ii) Long and short tacking
- (iii) Diagonal tacking or basting tacking
- (iv) Thread marking
- (v) Tailors' tacking
- (vi) slip basting tacking

05MARKS 05@

7. (a) Importance of dietary fibers

- (i) Assists in digestion
- (ii) Fibers provide bulkiness
- (iii) Keep the movement of the bowel soft and easy to pass .
- (iv)Prevent constipation
- (v) It regulate body weight .

04MARKS01@

(b) Source of dietary fibers

- (i) Un refined cereals. Such as wheat, rice oats
- (ii) Cell walls of fruits like apples , plums
- (iii) Vegetable such as amaranths, cabbage
- (iv)Pulses such as peas beans , and lentils.

02 MARK S0.2@

(C)scurvy

- (ii)acute malnutrition with oedema
- (iii)beriberi
- (iv)Rickets in children and softening of bones in adult

04MARKS 01 @

8.(a) Disadvantage of pressure cooking method .

- (i) It needs some practice
- (ii) It can be expensive to buy cooker
- (iii) it is suitable for certain type of food only
- (iv) more attention is needed to avoid over cooking

(v) you can not check on the condition of the food easy

05MARKS 01@

(b) Factors to consider when choosing a cooking method.

- (i) Time available
- (ii) Availability of kitchen equipment
- (iii) Fuel available
- (iv) types of food to be cooked .

05MARKS01@

9. (a) Importance of attending antenatal clinic .

- (i) A pregnant woman is told how to prepare her self for the baby's arrival
- (ii) Regular check up of blood sugar , protein level and urinary
- (iii) To check blood group and recorded incase a need for blood transfusion .
- (iv) pregnant woman is informed about the expected date of delivery (EDD)
- (v) Parents are tested for HIV
- (vii) Provision of food supplements. Such as folic acid .
- (viii) Detention and treatment of malaria and other infections is important .

05MARKS 01@

(b). Basic requirement for child health and development .

- (i) Adequate nutrition
- (ii) Immunization
- (iii) Hygiene and sanitation
- (iv) Shelter and security
- (v) Early childhood stimulation (ECS).

05MARKS01@

SECTION C: 15 MARKS.INTRODUCTION

10. Waste management .

Refers to the collection , transport , processing or disposal, managing and monitoring of waste

02MARKS

Main body.

Methods of managing waste (06 points)

- (i) Incineration
- (ii) Feeding Animal
- (iii) Crushing or grinding waste and land filling
- (iv) Burning of waste .
- (v) Converting waste into manure
- (vi) Waste minimization / reduction
- (vii) Reuse
- (viii) Recycling
- (ix) The use of lavatories .

01½MARKS

12MARKS @POINT 02

CONCLUSION 01 MARKS